

1	Name of Syllabus	C. C. In Advance Course in Beauty Culture (405110)																																															
2	Max.Nos of Student	25 Students																																															
3	Duration	6 Month																																															
4	Type	Part Time																																															
5	Nos Of Days / Week	6 Days																																															
6	Nos Of Hours /Days	4 Hrs																																															
7	Space Required	Practical Lab = 200 Sq feet <u>Class Room = 200 Sq feet</u> TOTAL = 400 Sq feet																																															
8	Entry Qualification	Basic course in beauty culture pass of MSBVEE OR ITI In Hair & Skin Care / Diploma / Degree in Beauty Culture Group																																															
9	Objective Of Syllabus/ introduction	To train student in beauty work																																															
10	Employment Opportunity	He can get employment in Beauty Establishment.																																															
11	Teacher’s Qualification	Diploma / Certificate in related course																																															
12	Training System	<table><tr><th colspan="7">Training System Per Week</th></tr><tr><td>Theory</td><td colspan="2">Practical</td><td colspan="4">Total</td></tr><tr><td>6 Hours</td><td colspan="2">18 Hours</td><td colspan="4">24 Hours</td></tr></table>						Training System Per Week							Theory	Practical		Total				6 Hours	18 Hours		24 Hours																								
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13	Exam. System	<table><tr><th>Sr. No.</th><th>Paper Code</th><th>Name of Subject</th><th>TH/PR</th><th>Hours</th><th>Max. Marks</th><th>Min. Marks</th></tr><tr><td>1</td><td>40511011</td><td>Cosmetology</td><td>TH-I</td><td>3 hrs</td><td>100</td><td>35</td></tr><tr><td>2</td><td>40511012</td><td>Electro Therapy</td><td>TH-II</td><td>3 hrs</td><td>100</td><td>35</td></tr><tr><td>3</td><td>40511021</td><td>Galvanic</td><td>PR-I</td><td>3 hrs</td><td>100</td><td>50</td></tr><tr><td>4</td><td>40511022</td><td>Hi frequency treatment</td><td>PR-II</td><td>3 hrs</td><td>100</td><td>50</td></tr><tr><td></td><td></td><td>Total</td><td></td><td></td><td>400</td><td>170</td></tr></table>						Sr. No.	Paper Code	Name of Subject	TH/PR	Hours	Max. Marks	Min. Marks	1	40511011	Cosmetology	TH-I	3 hrs	100	35	2	40511012	Electro Therapy	TH-II	3 hrs	100	35	3	40511021	Galvanic	PR-I	3 hrs	100	50	4	40511022	Hi frequency treatment	PR-II	3 hrs	100	50			Total			400	170
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# **Syllabus – Advance Course in Beauty Culture**

## **THEORY PAPER – I, COSMETOLOGY**

- knowledge of Advance make-up e.g. party make of pom-cake make-up, shine make-up, etc. choosing correct colours of cosmetics for make-up. knowledge of Advance cosmetics materials.
- Skin Anatomy :-
  1. Structures of skin – 3 layers of skin , glands – sweat gland and sebaceous glands,
  2. lymph – meaning of lymph, lymph nodes on face
  3. Bones – of face and head,
  4. muscles – structure of muscles  
origin and insertion definition of ligaments, tendons of face and neck  
Muscles of face and neck.
  5. Skin diseases– infectious diseases caused by bacteria, fungus, eczema, erythma, etc.  
pigment disorders like chloasma, lentigas, freckles,
  6. Nail Diseases – infectious diseases – ringworm, onychotrophy etc.
  7. Nail Disorders – brittle nails, furrows on nails, blue nails, bruised nail etc.
  8. Electricity – conductors, insulators, types of current, units of electricity.

## **THEORY PAPER – II, ELECTRO THERAPY**

- Steam cap – Hot and cold compressing unit knowledge etc.
- 9. Electro Therapy –
  - Brush massage and Cleansing – uses of machine, indications and contra indications.
  - High Frequency - uses of machine, indications and contra indications. indirect and direct method
  - Galvanic - uses of machine, indications and contra indications, iontophoresis and desincrustation.
  - Vacuum Suction - uses of machine, indications and contra indications, method of lymph drainage.
  - Ultra sonic - uses of machine, indications and contra indications.
  - Combining machine treatments.
  - Nail structure study.

## **PRACTICAL – I, Galvanic (Ionization & Desincrustation) )**

- Galvanic Facials, Gold facial, Luxury facial, skin padding treatment.  
Advance –clean –up –procedure.
- Electro Therapy
- 1. Skin Analysis – Identifying
  - Skin type
  - Blemishes
  - Pigment disorders
  - Expression and superficial lines
- 2. Galvanic Current – application of electrodes, use of tweezer, rollers, use of positive and negative gel. knowledge of –ve and +ve current see wood get treatment.
- 3. Ultra Sonic – application technique
- 4. Combining machine treatments-
  - Desincrustation and vacuum
  - Steaming and vacuum Hot and cold compressing.
  - Bridal make up.

## **PRACTICAL – II, Hi frequency treatment (Skin and scalp)**

Hi-frequency with pimple treatment

Hi- frequency with massage manipulation

Hi- frequency with dandruff treatment

1. Brush cleansing and massage – uses of enzyme packs, application of brush and stone.
  2. Hi Frequency – direct method , sparking on pimples, massage with indirect method , use of powder and cream
  3. Pimple Treatment – complete treatment routine, extraction, sparking, use of infra red lamp.
- Brush cleansing and indirect hi frequency
  - Combining machine treatments

## List of tools, equipments and furniture

Sr. No.	Description
1	facial Sauna
2	Vapozone
3	Hi frequency unit
4	Galvanic unit
5	Scalp steamer
6	Pedestal dryer
7	Brushing unit
8	Hot and cold spray unit
9	Ultra sonic
10	Head band
11	Plastic Bins
12	Blackhead remover
13	Pack brush
14	Infra red lamp
15	Vibro massager
16	Air conditioner
17	Teacher table
18	Teacher chair
19	Almirah
20	Display board
21	Black board
22	Vacuum suction
23	Facial Bed and chair.

### REFERENCE BOOK

Beauty therapy - Maya paranjpe

Beauty Recipes Author – Urvashi Dave

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